



USDA is an equal opportunity employer and provider.

## St. Pius X: AUGUST/SEPTEMBER LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
31 Beef Hot Dog on Whole Wheat Baked Crinkle Fries Seasoned Corn  Power Carrot Sticks Broccoli Slaw  Fresh Red Delicious Apple Chilled Pears	1 Popcorn Chicken Mashed Potatoes Chicken Gravy Roasted Carrot "Fries" Tea Biscuit Fresh Jicama Sticks Chickpea Citrus Salad  Fresh Banana Chilled Applesauce	2 BBQ Rib-B-Q Sandwich Vegetarian Baked Beans Seasoned Potato Wedges  Red Bell Pepper Strips Tomato, Green Bean & Chickpea Salad  Watermelon Cubes Chilled Peaches	3 Seasoned Taco Beef Soft Flour Tortilla Steamed Brown Rice Mexican Style Refried Beans  Fresh Broccoli Florets Sweet Corn Salad w/ Ranch Dressing  Fresh Red Delicious Apple Chilled Mandarin Oranges	4 <b>No School</b>
7 <b>No School Labor Day</b>	8 Meatballs in Zesty Marinara Whole Grain Rotini Savory Green Beans Whole Grain Breadstick  Fresh Jicama Sticks Fresh Caesar Salad  Fresh Banana	9 Whole Grain Chicken Nuggets Mashed Potatoes Chicken Gravy Seasoned Corn Tea Biscuit Fresh Cherry Tomatoes Citrus Kidney & Northern Bean Salad Lunch Bunch Green Grapes	10 Diced Chicken Creamy Alfredo Sauce Whole Grain Penne Whole Grain Breadstick Roasted Italian Vegetables Fresh Broccoli Florets Marinated Tomato & Cucumber Salad Fresh Red Delicious Apple	11 Whole Grain French Toast Home Fried Potatoes Warm Baked Apple Slices Strawberry Yogurt  Power Carrot Sticks Sweet Corn Salad w/ Ranch Dressing Fresh Orange Wedges
14 Mini Turkey Corn Dogs  Tater Tots Seasoned Peas  Power Carrot Sticks Broccoli Slaw  Fresh Red Delicious Apple Chilled Pears	15 Herb Marinated & Roasted Chicken Mashed Potatoes Chicken Gravy Fresh Cinnamon Glazed Carrots Tea Biscuit Fresh Celery Sticks Fresh Caesar Salad  Fresh Banana Chilled Applesauce	16 The Perfect Sloppy Joe  Baked Crinkle Fries Vegetarian Baked Beans  Red Bell Pepper Strips Sweet Corn and Pepper Salad  Watermelon Cubes Chilled Peaches	17 Teriyaki Chicken  Steamed Brown Rice Crunchy Asian Topping Fresh Stir Fried Vegetables  Fresh Broccoli Florets Tomato, Green Bean & Chickpea Salad Fresh Red Delicious Apple Chilled Mandarin Oranges	18 Crispy Fish Sandwich with Cheese Seasoned Waffle Fries Seasoned Corn  Power Carrot Sticks Confetti Cole Slaw  Fresh Orange Wedges Pineapple Tidbits
21 BBQ Chicken Sandwich Seasoned Potato Wedges Seasoned Corn  Power Carrot Sticks Broccoli Slaw  Fresh Red Delicious Apple Chilled Pears	22 Popcorn Chicken Sweet and Sour Sauce Lo Mein Noodles Fresh Stir Fried Vegetables Crunchy Asian Topping Fresh Celery Sticks Chickpea Citrus Salad  Fresh Banana Chilled Applesauce	23 Seasoned Taco Beef Tortilla Chips Creamy Cheddar Cheese Sauce Mexican Style Refried Beans Shredded Romaine Lettuce Red Bell Pepper Strips Sweet Corn and Pepper Salad  Lunch Bunch Green Grapes Chilled Peaches	24 Chicken and Gravy Mashed Potatoes Tender Green Beans Mini Whole Grain Biscuit Peach and Pear Crisp Fresh Jicama Sticks Marinated Tomato & Cucumber Salad  Fresh Red Delicious Apple Chilled Mandarin Oranges	25 Toasty Cheese Sandwich Campbell's Tomato Soup Seasoned Peas  Power Carrot Sticks Small Caesar Salad  Fresh Orange Wedges Pineapple Tidbits
28 Spicy Chicken & Cheese Sandwich Vegetarian Baked Beans  Power Carrot Sticks Confetti Cole Slaw  Fresh Red Delicious Apple Chilled Pears	29 Whole Grain Turkey Corn Dog  Seasoned Potato Wedges Seasoned Corn  Fresh Broccoli Florets Tomato, Green Bean & Chickpea Salad Fresh Banana Chilled Applesauce	30 Popcorn Chicken  Orange Sauce Steamed Brown Rice Vegetable stir fry Red Bell Pepper Strips Marinated Tomato & Cucumber Salad  Lunch Bunch Green Grapes Chilled Peaches		

**Skim, 1% and Chocolate Skim Milk Served Daily.**

**A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include skim, 1% white and skim chocolate.**

Menu Subject to Change without Notice. Contact Dining Services at 320-864-2474 for questions or comments.

Bernie Getzlaff-Food Service Director